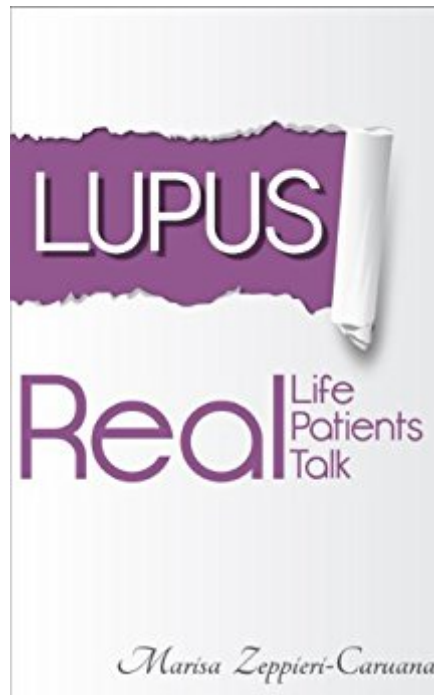




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# Lupus: Real Life, Real Patients, Real Talk



## Synopsis

Life was progressing as expected; getting sick was never part of their plan. However, in its own distinct and sudden way, Lupus showed up in the lives of the men and women profiled in this book. Although their ages, locations and stories are different, they all share one thing in common: they refuse to give up hope, despite Lupus. *Lupus: Real Life, Real Patients, Real Talk* is the first book of its kind in relation to the disease. Journalist, Lupus patient and Lupus Foundation of America Board Member, Marisa Zeppieri-Caruana, sets out to find men and women across the nation who will share the hurdles of daily life when battling a debilitating and cruel disease. What she discovers is a community not broken and hopeless, but one that is optimistic and refuses to give in. These patients have encountered many obstacles – kidney transplants, open-heart surgeries, coma, and dialysis - yet they continue to persevere. They share their darkest moments and their future dreams. In addition to telling their stories, they discuss tips on how to manage and deal with the disease - emotionally, spiritually and physically. This book provides tangible information and inspiration for every Lupus patient and their loved ones. It is also an essential tool for those who are newly diagnosed and trying to navigate the choppy waters of chronic illness and daily life. Featuring Amy Kelly-Yalden, CEO of the Lupus Foundation of America, Southeast Chapter, and Magdalena Cadet, MD, FACR, Director of Rheumatology at New York Presbyterian Healthcare System, this book is not to be missed.

## Book Information

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## Customer Reviews

In my vocabulary there is no such phrase as "I can't," I thank Ms. Gwen for that. She taught me that there will always be obstacles in our way, but there is always a way. Try as we might we will pass these obstacles. I was eagerly awaiting this book. I was interviewed over a year ago and could not wait. I knew Marisa's point was to show that there is life outside of Drs offices and pharmacies. And there is even life outside of our beds. But the inspiration that I gained from reading the other stories from people who went through very similiar things amazed me. I rememeber Marisa saying there should be something to help new Lupus patients, NOW there is. I can only think how my dark moments maybe wouldn't have been so dark knowing what I know now. And realizing that others feel the same as I do. It was wonderful for my family and spouse to read of others struggles in the support department and know the bright light is always somewhere even if the clouds hang around a while. I know for myself it was wonderful look at who I was as a person and who I had always dreamed I would be. Reading about others helped me realize that Lupus really doesn't hinder my ambitions all that much, just takes us all on an interesting detour. I would recommend this book for anyone who has a diagnosis of Lupus, any terminal disease, or chronic disease for that matter, becuae health changes us and this book shows true warriors and their fight to be who they want to be.

After reading a brief excerpt of this book I was immediately inspired by the amazing individuals who voluntarily poured their hearts out to tell their story about lupus. This book is both enlightening and encouraging to newly diagnosed lupus patients and to anyone who needs some "chicken soup" for their soul. It's the most positive uplifting book to give hope and live life and love life in spite of lupus.

Good info on Lupus and actual patients like me.

I had the privilege to contribute some thoughts to this book, but like Lupus and these stories, no two cases are alike. The stories depicted in this book by the people who live with or near this illness is

one that relates to everyone. It has served as a great tool to educate others who are not familiar with the disease in a way that does not undermine the seriousness of the illness without first sending you away motivated and optimistic about taking on any challenges that may come. You will easily re-read the book over time to reflect, cope, build strength or take charge. Very inspired by and grateful to all who contributed.

This is a wonderful and inspiring book about true stories with lupus. I highly recommend this book to anyone that is dealing with this dreadful disease. This book truly inspired me and made me want to start writing on my own. I am very thankful for this book please take the time to read it.

This book is for anyone with or without lupus who wants to be inspired by truly remarkable people. It teaches you important life lessons and that everyone has a story. Through tears and laughter you will not want to put it down!

I would love to be able to contact the author of this book! So far it is wonderful, and im only on chap 3!!! Im hoping that my husband will read it to better understand what is going on with me!! Would recommend this book to anyone that is newly diagnosed with LUPUS!

Perfect book if you're curious and want a closer look into the lives of people coping with Lupus. The best way to learn about a medical condition is from those who deal with it on a daily basis.

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